



Sports Programmes and Exchange Tour

3Education offers an array of sports classes for schools and students, including fencing, table tennis, swimming, badminton and pop-dance. These courses aim to facilitate well-rounded learning development among students, while improving their sports skills and physical fitness.

- Overseas training and exchange tours provide valuable international exposure
- Opportunities to meet Olympic medalists from mainland China
- Train and compete with foreign athletes

運動項目與交流團

3Education 為學校和學生提供一系列體育課程，包括擊劍、乒乓球、游泳、羽毛球及流行舞。有關課程旨在促進學生的全面發展，同時提高其運動技能與體能。

- 海外培訓及交流團可為學生提供寶貴的國際視野
- 有機會與內地奧林匹克運動會獎牌得主見面
- 與外國運動員一同受訓及互相切磋競技



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